

Rudgwick

Magazine



November 2024

no. 347

From the Vicar

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Dear Friends

Do you have trouble remembering things? Perhaps you walk into a room or go upstairs only to discover when you get there you cannot remember why it was you were going into that room or up the stairs – or maybe it's just me! Thankfully, it is not often I find it happening.

There are lots of tricks we learn to remember things – mnemonics such as '*Richard Of York Gave Battle In Vain*' for the colours of the rainbow; grouping items together to make it easier, as we used to do with phone numbers, or linking things together into a made up story. Another way is using rhymes. As a child I was taught '*Remember, remember, the 5th of November, Gunpowder, treason and plot*' to help me remember the date of bonfire night.

November seems to be the month of the year particularly associated with remembering – not just the gunpowder plot of 1605, but those who gave their lives in the two world wars as we pledge on Remembrance Sunday "*We will Remember them*". We also remember loved ones who have died in our *Time to Remember* Service at the end of the month. (You can find details later on in the magazine about both Remembrance Sunday and our *Time to Remember* Service).

The central act of the Church is also an act of remembering – when Jesus shared his final meal with his friends on Maundy Thursday, he took the bread and the wine, gave thanks and said, "do this in remembrance of me". Words we remind ourselves of every time we celebrate Communion.

Whether or not you are able to join us this November, I hope you will spend a moment remembering the sacrifice Jesus made on the cross and pondering its meaning.

Every blessing

Martin King