

Rudgwick

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From the Vicar

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Dear Friends

What are you like at maths? Was it ‘your subject’ at school? When it comes to adding something up, do you excuse yourself saying ‘I was never any good at maths’? Or do you fall somewhere in between?

Why do I ask? Because we are in the season of Lent – 40 days of fasting and preparation for Easter. If you are good at maths you may have wondered why there are 46 days between Ash Wednesday and Holy Saturday (the day before Easter Day). If you are not good at maths, you may have just thought it was you! Some people say that Lent ends on Maundy Thursday, but that still makes 42 days not 40. What is going on?

Well, for those of you who are thinking of giving up something for Lent, I have good news – the 6 Sundays in Lent are actually feast days! If, for example, you are giving up chocolate for Lent, then you can still eat it on a Sunday.

That might sound like cheating, but then you have to ask, ‘what is Lent really all about?’ It is easy to see it simply as a time of abstinence, a time of detox with a spiritual twist. Actually, the whole point of giving something up for Lent is either to have more time or more money; time to pray or money to give to those in need.

Whether you giving something up for Lent or not, why not try praying anyway? And if you don’t think you can pray, why not use it as a time to remember those less fortunate than ourselves?

Every blessing

Martin King